

Sioux Rivers Regional MHDS

Governance Board Minutes

September 24, 2019

The Sioux Rivers Regional MHDS Governance Board met on Tuesday, September 24, 2019 at the Sioux Center Council Chambers, 335 1st Avenue NW, Sioux Center, Iowa.

1. Chairman Mark Loutsch welcomed attendees and called the meeting to order at 1:00 p.m.
Members present: Mark Loutsch, Mark Sybesma, Carl Vande Weerd, Don Kass, Mark Behrens, Jerry Birkey, Tammy Bruinsma, Shane Walter and Mavis Anema.
Others present: Lisa Rockhill, Sharon Nieman, Ryan Dokter, Nicolle Eaton, Jamie Van Voorst, Jason Bergsma, Dan Altena, Kim Scorza, Rose Nicoson, Scott Witte, Sarah Jackson, Kim Keleher, Jennifer Collins, and Shawn Scholten.
2. CHAIRMAN LOUTSCH ASKED FOR A MOTION TO AMEND THE AGENDA
 - a. Motion made by Vande Weerd and seconded by Kass to approve the amended agenda. Motion carried 3-0.
3. APPROVAL OF MINUTES
 - a. Motion made by Sybesma and seconded by Behrens to approve the minutes from the August 27, 2019 meeting. Motion carried 3-0.
4. APPROVAL OF FISCAL AGENT REPORTS AND REGIONAL EXPENDITURES
 - a. Dokter presented the August FY20 Fiscal Agent Reports.
 - i. Total Revenues for the month of August were \$155,092.29
 - ii. Total Expenditures for the month of August were \$611,590.38
 - iii. Ending Balance as of August 31, 2019 was \$1,069,599.65
 - iv. The accruals for FY19 came out to be \$448,848.76 The final payout was sent to Woodbury County for \$97,552.98
5. INFORMATION FROM NW IA AEA
 - a. Jennifer Collins, Mental Health Coordinator gave an update on NW IA AEA. They are very active in the surrounding schools. Jennifer stated funding is an issue.
6. UPDATES:
 - a. There was no Advisory Board meeting this past month.
 - b. Walter updated Mobile Crisis is still in the planning stage, yesterday we met with some area law enforcement and hospitals within our region. Scorza explained how Mobile Crisis should work. Altena stated he had spoken with the Plymouth County Sheriff and

they maybe have 20-40 calls approximately a year. Altena stated they had used Seasons for a Mobile Crisis situation and had much praise how well it worked.

- c. Witte from Hope Haven in Rock Valley spoke about IPS. He stated the evidence based competitive employment was in its second year in a grant. Witte stated he continues to work with state leaders and MCOs. There was a 5 year \$800,000 grant that was denied through SAMSA. Nieman stated there are 10 people on a waiting list for Plymouth County. Witte state they had been without a staff for 4 months and now have someone hired.
- d. Eaton gave an update on the ASC. She state they are doing all right with this region as far as referrals. They did have a referral from NWICC this past month. ICAP was there to inspect the property. Eaton state some concrete work is needed. She is working on getting an estimate. Eaton said there's some landscaping that needs to be done on the top of the hill. Last month there was 47% Medicaid billing.
- e. Access Centers- We continue to meet with Rolling Hills & NWICC in Holstein the first week in each month. The consensus is to move forward with planning to have the ASC and Access Center in the same location. Sybesma asked if this was in the budget for next year. It was also mentioned there are several different locations in development throughout the state. At this point we are not planning to provide subacute care or substance abuse but we have some options out there potentially with the Pride Group. It would be a virtual service. Sybesma made the comment if it's a fee for service, we need to make sure we charge an adequate amount. Eaton stated there is some potential money from hospitals. Kass stated having the money upfront is important. Kass also mentioned everyone needs to speak with our legislators to increase our levy. Walter mentioned we will need to go to our levy max.
- f. Jail Diversion- Walter updated we are working on a policy. Service Coordinators will review it one more time and hopefully we will have an implementation date by October 1, 2019.
- g. Children's Mental Health- Nieman updated there is no funding still. Rolling Hills is hosting a meeting on October 3. We will be hosting a provider meeting in October as well in our Region. The mandates are most expensive and most restrictive as the top priority. Nieman feels it's being implemented backwards. We have some good Children's providers in our area such as: Cherokee, Jackson and the Boys/Girls Home. We need to have our plan into DHS by April 1. We need to have an Advisory Board that will report to the Governance Board.
- h. ARC- no meeting this past month. Nieman did state there was a lady from Remsen that may be interested in heading the program in our area. However, there is no plan at this time. Parents are very appreciative of this program.
- i. Transition beds-Walter stated there are some apartments attached to the RCF in Le Mars. The Pride Group is potentially going to offer this program. Walter state this could be a model program for the state.
- j. ACT- Assertive Community Treatment is for individuals that have severe mental illness. The goal is to keep the consumer at their home. It's basically a hospital without walls in which they provide intensive therapy. This is a mandate. Scorza stated Seasons is fully staffed at this point to provide this mandate.

7. TRANSITION UPDATE

- a. Walter reported Woodbury County is paid out and the transition is complete.

8. MOBILE CRISIS RESPONSE PROPOSALS

- a. Walter reports we have 3 proposals.
 - i. Plains Area Mental Health: \$381,276.00-which would cover all 3 Counties
 - ii. Siouxland Mental Health: \$85,267.00-which is only for Plymouth County
 - iii. Seasons: \$151,792.46-which would cover all 3 counties

Sybesma made the comment that Seasons is the cheapest. Kass commented it is all in the salaries mainly. More discussions was held. There is a requirement of response time and SMHC stated it's not doable for them for all counties. Kass also asked how it's handled if there are multiple people in crisis, Scorza responded they have people as backup. Kass said it's easier to work with one entity than multiple. Rockhill stated they have maybe 2-3 calls a year. Behrens mentioned we will know how it works eventually. There are definitely expectations to this service. Scorza stated it's important to complete MOU to set up workflows as each department will be different. Kass stated Seasons has a good understanding. Sheriff Altena again stated their incident went well and it was a positive experience. Scholten stated there was a firm that contracts with school agencies from SW MN and they were at a school in our area recently. Creative Living does have counselors in schools as well. Marketing will definitely need to be done. Kass thanked all the entities that submitted a proposal.

- iv. Kass made a motion to go with the proposal from Seasons, Behrens seconded the motion for a 1 year contract. Motion carried 3-0.

9. APPROVE FY20 EMPLOYMENT GRANT INVOICE

- a. Witte gave an update on the numbers and stated this was a successful grant. Walter commended them for doing such a fantastic job.
- b. Sybesma made a motion to pay the \$120,000 in 2 installments, seconded by VandeWeerd. Motion carried 3-0.

10. REVIEW 28E

- a. Walter presented a 28E to add Children's Services. The items highlighted in yellow are potential changes. Please review and provide input before next months meeting.

11. DISCUSS SCHEDULING BUDGET WORK MEETING

- a. Walter explained the need to have a budget workshop meeting with the Board Members to discuss some strategies for future funding. Discussion was held and the meeting will take place after the Board meeting on October 22, 2019.

12. DISCUSS PUBLIC MEETING FOR INPUT INTO CHILDREN'S MENTAL HEALTH PLAN

- a. Sioux Rivers will host a meeting that will be held on October 22, 2019 at 10 am with area providers.

13. GENERAL DISCUSSION

- a. Bergsma asked if we were aware of the Step Up Initiative and would like to see a bit more of that. It includes working with the County Attorney's Office. Walter stated we will implement that with the Jail Diversion program.
- b. Motion made by Behrens, seconded by Sybesma to adjourn meeting at 2:34 p.m.
Motion carried 3-0.

Mavis Anema, Secretary

Mavis G. Anema

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