Sioux Rivers Regional MHDS Governance Board Minutes January 22, 2019

The Sioux Rivers Regional MHDS Governance Board met on Tuesday, January 22, 2019 at the Plymouth County Courthouse Annex Building, 215 4th Avenue SE, Le Mars, Iowa.

1. Chairman Mark Loutsch welcomed attendees and called the meeting to order at 1:00 p.m.

Members present: Mark Loutsch, Carl Vande Weerd, Mark Sybesma, Don Kass, Matthew Ung, Keith Radig, Shane Walter, Julie Albright.

Member absent: Dayton Vogel

Others present: Aaron Haverdink, Sharon Nieman, Ryan Dokter, Theresa Jochum, Paul Merten, Dawn Mentzer, Trey Weaver, Lori Bush, Gary Fuentes, Cindy Wilde, Nicolle Eaton, Kim Keleher, Brenda Erickson, Julie Madden, Sarah Jackson, Samantha Menke, Shawn Scholten.

- 2. APPROVAL OF MEETING AGENDA AS AMENDED
 - A. Motion by Don Kass, second by Keith Radig to approve the amended meeting Agenda. Carried 3-0.
- 3. ELECT 2019 OFFICERS CHAIR, VICE CHAIR, SECRETARY
 - A. Motion by Don Kass, second by Mark Sybesma to elect Mark Loutsch as Chair, Carl Vande Weerd as Vice Chair and Julie Albright as Secretary. Carried 2-0. (Woodbury County abstained)
- 4. APPROVAL OF DECEMBER 18, 2018 GOVERNANCE BOARD MEETING MINUTES
 - A. Motion by Mark Sybesma, second by Keith Radig to approve the minutes of the December 28, 2018 Board meeting. Carried 3-0.
- 5. APPROVAL OF FISCAL AGENT REPORT AND REGIONAL EXPENDITURES
 - A. Ryan Dokter presented the December FY19 Fiscal Agent Reports.
 - I. Total Revenues for the month were \$81,765.47.
 - II. Total Expenditures for the month were \$266,356.65
 - III. Ending Balance as of December 31, 2018 were \$3,133,302.91
 - B. Motion by Keith Radig, second by Don Kass to approve the Fiscal Agent Report as presented. Carried 3-0.
- 6. UPDATES: ADVISORY BOARD, WORK ALTERNATIVES, IPS, ASC, JAIL ALTERNATIVES, TELEHEALTH, HF2456 WORKGROUPS: ACCESS CENTER, ACT, IRSH.
 - A. Shawn Scholten reported on the Advisory Board meeting that was held on January 9 at the Meeting Place.
 - i. They welcomed Carl Vande Weerd to the Board. He replaced Dennis Wright.
 - ii. They generated some possible contact and names of Lyon County providers and individuals to serve on the Advisory Board.
 - iii. Time was spent examining the DHS Children's System Strategic Plan of Recommendation.
 - iv. They looked at core and expanded services for next year.
 - v. They talked about Medicaid and MCO's and the new MCO being added in July.
 - vi. The next meeting will be held at 1:30 on April 10, 2019 at the Meeting Place.
 - B. Aaron Haverdink reported on Work Alternatives.
 - i. They will be meeting at the end of the month to do their mid-year review.
 - C. Nicolle Eaton reported on the Assessment and Stabilization Center.
 - i. Average length of stay the past month has been 1.7 days.
 - ii. Last month they were able to bill Medicaid for 80% of the clients that stayed at the Center.

- D. Aaron Haverdink reported on Telehealth.
 - I. Aaron visited with Jay Ricke who is the contact person for Integrated Telehealth Partners. Jay will be meeting with the new CEO of the Floyd Valley Hospital to talk about Telehealth serving them as well.
 - II. Telehealth is being underutilized at the Orange City Hospital.
- E. Shane Walter reported on the HF 2456 Work Groups.
 - I. They have had several ongoing meetings regarding the requirements for new services.
 - II. They have continued to discuss the Access Centers. Dawn Mentzer from Rolling Hills and a couple of other regions have been a part of the meetings.
 - III. Dawn Mentzer added that they are all from the same belief that it is going to be hard to move forward with the development of the services without knowing if there will be MCO reimbursements to follow the investment that the regions make.
- 7. DISCUSSION: APPOINTMENT OF SERVICE COORDINATOR IN WOODBURY COUNTY FOR REMAINDER OF FISCAL YEAR AS A REPLACEMENT FOR PATTY ERICKSON-PUTTMANN.
 - A. Shane Walter asked Theresa Jochum to step in and fill the role of Service Coordinator in Woodbury County until the Woodbury County Board appoints a Service Coordinator as per the 28E. Shane stated that Theresa is more than qualified and would do a great job.
 - B. Keith Radig stated that there are many complications with appointing a Service Coordinator because technically by law they already have a Service Coordinator and that individual is on leave.
 - C. Don Kass asked if it would be possible to appoint someone with a different title.
 - D. Shane asked the Woodbury County Board to make a determination and asked if Woodbury County would consider hiring Theresa Jochum back as a Woodbury County employee.
 - E. Keith Radig stated that he will need to go back to their Board.
- 8. FY20 BUDGET DISCUSSIONS: ASC (SIOUXLAND), PLAINS AREA MHC, CREATIVE LIVING CENTER, HOPE HAVEN, PRIDE GROUP, LIFE SKILLS, ETC.
 - A. Shane reported that they have begun the process for budgeting for next year. Rolling Hills needs to figure out what they are going to be budgeting for various services. He reported that they had a joint phone call with representatives from both Boards and they talked about the Crisis Center and how they might work that out for the subsequent fiscal year. They came to an agreement to split it into a percentage for each region. This arrangement will be for the first year and then they will reevaluate on a yearly basis.
 - B. Shane asked Theresa Jochum if she had talked to the Sioux City hospital about their 23-hour service and how it compares to the 23-hour service the Assessment and Stabilization Center currently offers.
 - I. Theresa stated that she talked to the hospital social worker earlier in the day and the social worker told her their 23-hour service is for mostly medical; it is not for mental health or substance abuse; however, they can have those issues, but the service is primarily medical. The hospital social worker is going to put something in writing and get it out to everyone.
 - C. Shane stated that Sioux Rivers and Rolling Hills talked about one scenario where Sioux Rivers will hold the contract for the Assessment Center because they own the building and they would split the cost 25%/75% and any dollars collected from Medicaid above and beyond would be returned to the regions in that same percentage. Shane asked Dawn if there was conversation with her Board regarding Rolling Hills holding the contract.
 - D. Dawn replied that she feels her Board would be open either way. She added that Rolling Hills would pay 75% of the cost, Sioux Rivers pays 25% and they hold the contract and the money would be filtered through Sioux Rivers to get to Siouxland Mental Health.
 - E. Both Dawn and Shane indicated that they are fine with the agreement that was made on December 28th.
 - F. Shane stated that they have not determined budgets yet for FY20. They have begun having conversations with Plains Area. They are waiting for a little bit of feedback from the Le Mars School Board.

- Don Kass stated that they should ask for a spot on the Le Mars School Board Agenda and not use the 10minute public forum. Aaron Haverdink stated that he did ask to be put on their Agenda but was turned down.
- II. Chairman Loutsch suggested that they ask to be put on the School Board Agenda again.
- III. Kim Keleher said that she would reach out to Pat Murphy who is on the School Board and try to have a conversation with him and explain why the Region needs to know and ask to be put on the Agenda for an up or down vote.
- G. Shane stated that they still need to have budget negotiation conversations with Hope Haven, Pride Group, and possibly Life Skills. He would like to have the budget approved at the next Governance Board meeting in February.

9. REGIONAL TRANSITIONING UPDATE

A. Shane stated that with Lyon County joining Sioux Rivers in July the new 28E has been filed with the State.

10. GENERAL DISCUSSION

A. Keith Radig inquired about Nia Key. Shane said that he was in contact with her and thought she would be attendance. Shane stated that he will be in touch with her again and make sure she is at the February meeting.

Meeting adjourned at 1:50.

Julie Albright, Secretary

Julie L. albright

Sioux Rivers Regional MHDS Governance Board

Approved by Governance Board: 3.26.18