Sioux Rivers Regional Mental Health and Disabilities Services Advisory Board Meeting Plymouth County Courthouse Annex

July 5, 2017 Minutes

Attendance/Introduction: New Chairperson - Shawn Scholten, Sharon Nieman, Aaron Haverdink, Theresa Jochum, Vera Ludwig, Kim Wilson, Doug Smit, and Clayton Tonjes.

Discussion on Identifying Current Transition Programs:

- Kim Wilson from Jackson Recovery talked to the group about Jackson Recovery's transitional programs:
 - <u>PMIC</u> The first kid's home opened in August 1976. This in the only program in Iowa serving adolescence with substance abuse and co-occurring disorders.
 - <u>Crisis and Stabilization Center</u> 12 bed unit that serves adolescence 11-18 years of age. Average length of stay is 3-8 days. Must go through ER first.
 - <u>Synergy Center</u> 24 bed inpatient program for adult men with substance abuse and co-occurring disorders located in Cherokee. Average length of stay is 6 weeks or 28 days.
 - <u>Women's Center</u> 18 bed inpatient program for adult women with substance abuse and co-occurring disorders located in Sioux City. Average length of stay is 6 weeks or 28 days.
 - <u>Women and Children Center</u> 30 bed inpatient program for women and/or pregnant women with kids that have a substance abuse disorder. Average length of stay is 90-120 days.
 - <u>Sancuary Apartments</u> Sober living apartments for Women and kids. Section 8 funded.
 - <u>River Hills Recovery Center</u> Adult outpatient treatment program for substance abuse.
 - <u>Chad's House</u> 9 bed transitional living program for adult men.
 - Grandview House 12 bed transitional living program for adult men.
 - Marienne Manor 12 bed transitional living program for adult women.
- Doug Smit from Hope Haven talked to the group about Hope Haven's transitional programs.
 - RB-SCL 3 houses, 20 beds, for kids ages 8-21who have a Mental Illness or Intellectual Disability diagnosis. All kids attend Public Schools. 50% of kids have had termination of parental rights. Kids usually transition to Adult Habilitation Homes or ID Waiver Homes. The goal is to get them back home or back into the community. Iowa has a total of 62 RB-SCL slots across the state and Hope Haven has 20 of those slots.
- Sharon Nieman from Sioux River Region talked about Rolling Hills 6 bed transitional home in Vail, IA. The home is staffed 24-7. They are now dealing with future sustainability of the program since it is 100% Regional funded. Polk County also has a transition program.

Update on My Choice Employment Program:

• Aaron Haverdink brought to the group's attention that Hope Haven has received 2 separate awards. The My Choice Program received the national Best Practices Award and an Individual received an Individual Placement National Award. You can find more information about this program at Siouxriverspartners.org.

Legislation Update:

• Sharon Niemen handed out Legislation information about Mental Health Property Tax Levy, Cash Reserves, Financial Viability Interim Study, and Complex Case Work Group. Sharon also shared with the group that Medicaid will no longer pay any retroactive bills (they used to go back 3 months).

Provider Improvement Grants:

• Aaron Haverdink reported that the Provider Improvement Grant will continue this year but is questionable for the future.

Hope Haven Changes:

- Doug Smit discussed CEO and CFO changes.
 - CEO, David VanNingen retired at the end of June 2017, Matt Buley will take over as CEO on August 1st 2017.
 - Gale Van Engen, Director of Programming retired in April 2017, Dawn Speas is now the Director of Programming.
 - CFO, Duane Obbink officially retired in October 2016, Terry Meyer is now serving as the CFO.

Any Other Business:

Patrick Schmitt, CEO of Plains Area Mental Health, recently left to work in Kansas.
 While Plains Area is actively looking for a new CEO, Kim Keleher has been named the Interim President & CEO.

Next Meeting: October 11th (Wednesday) at 10:00 am Plymouth County Courthouse Annex