Sioux Rivers Regional MHDS Governance Board Minutes February 24, 2015

The February Sioux Rivers Regional MHDS Governance Board Meeting was held, Tuesday, February 24, 2015, at the Plymouth County Courthouse Annex Building, 215 4th Avenue SE, Le Mars, Iowa.

1. Chairman Dennis Wright called the meeting to order at 2:00 p.m. and introductions were made.

Members present: Dennis Wright, Mark Loutsch, Mark Sybesma, Jim Henrich, Mark Monson Matthew Ung.

Others present: Shane Walter, Aaron Haverdink, Patty Erickson-Puttmann, Sharon Nieman, Julie Albright, Jim Rixner, JoAnn DeYoung, Kermit Dahlen, Dr. Shawn Scholten, David Van Ningen, Don Nore, Gary Turbes, Kim Keleher, Brenda Erickson, Stacey Feldman, Pat Lange, Kari Hildring, Ed Guilliand.

- 2. Motion by Jim Henrich and second by Mark Monson to approve the minutes of January 13, 2015, as presented. Motion carried 6-0
- 3. Motion by Mark Loutsch to keep the same officers who served this year, to serve in 2015.
 - a. Discussion was had about changing the Secretary nomination from Aaron Haverdink to Julie Albright, of Woodbury County Mental Health Services; this would allow Aaron to have the ability to actively participate in future Governance Board meetings.
 - b. Motion by Mark Loutsch, second by Mark Sybesma, to nominate the same Chairman, Vice-Chairman, and change the Secretary nomination to Julie Albright. Motion carried 6-0
 - c. 2015 Sioux Rivers Governance Board Elected Officers:
 - i. Chairman Dennis Wright, Sioux County
 - ii. Vice-Chairman Jim Henrich, Plymouth County
 - iii. Secretary Julie Albright, Woodbury County
- 4. CEO Shane Walter announced the letter of approval has been received from DHS, approving the Region based on the Sioux Rivers Management Plan: Policies & Procedures.
- 5. County Regional Mental Health January expenditures discussion and approval was tabled until later in the meeting so that Board members could further review.
- 6. David Van Ningen stated the Advisory Board did not meet this month, therefore nothing to report.
- 7. A discussion was held regarding Crisis Response Planning. Shane Walter had asked that Patty Erickson-Puttmann take the lead on the crisis effort. Patty reported that a Crisis Response Planning meeting was held on February 11, 2015 and had very good attendance. The group came up with priorities for development and training. A group of stakeholders will be going to Des Moines on March 11, 2015, to tour the Crisis Services Center operated by Eyerly-Ball. This program, in the less than three months of operation, reduced the number of people going to hospital ERs by 70%. Future visits being planned: Avera Telemedicine (Sioux Falls), KEYA House (Lincoln), Oak Place (Centerville), and the Adult Crisis & Stabilization Center (Waterloo). The goal for the Region is to have an operational crisis program in place by the end of this fiscal year with good solid cost estimates for other priorities shortly thereafter.
- 8. David Van Ningen presented the proposal of the Employment Alternatives Committee to improve employment outcomes for persons with disabilities within the Sioux Rivers Region and Community Rehabilitation Providers. A group consisting of the Regional CEO and Service Coordinators, along with representatives from the five providers who offer work services within the Region (Mid-Step, Goodwill, Hope Haven, New Perspectives, Life Skills) met to review proposal. The proposal was condensed from

a 3 year plan to a 1 to 2/3 year plan. Three focus areas to support persons with disabilities: 1) Person centered planning, 2) Customized employment for intellectually disabled persons, 3) Individualized placement services for persons with mental illness. The proposal basically puts money in the hands of each provider so they can add or pay staff providing these services. It increases the skills of the providers through technical assistance, attendance of conferences, and also helps to bring in expertise from across the county to help meet the initiative. The goal of the five providers is to ensure that anyone with a disability who wants access to employment gets that access.

- a. Concerns expressed by Board members:
 - I. Employer market
 - II. Comparison with working in Hope Haven Workshop
 - III. Transportation
 - IV. Self-sustainability after 3 years
- b. Motion by Mark Monson and second by Mark Loutsch to approve the Employment Alternatives Committee's proposal and also approve the first year payment of \$565,000. Motion carried 6-0
- 9. Fiscal Agent update/Regional Fund report. Denny Butler not in attendance, therefore no update.
- 10. Discussion was held regarding: Budgeting for 2016, the movement toward one regional fund, and changing 28E language regarding funds and funding/levy decisions.
 - a. Conversation concerning the difficulties inherent in budgeting as a region; problems with barriers when attempting to budget for one regional entity when you are essentially made up of three separate entities.
 - b. Over half of the regions in the state have moved to have one regional fund.
 - c. A big part of adjustment to one regional fund will be the rewording of 28E.
 - d. Discussions from previous meeting suggested waiting until July to change. If this change is going to take place, it would make sense to do it effective the new fiscal year, July 1, 2015.
 - e. Agreement that no action will be taken today and the topics will be added to next agenda for further discussion.
- 11. Discussion regarding Service Coordinator contracts and job descriptions/evaluations.
 - a. Big picture Service Coordinators: Paid by County; work for the region. Supervision for all regional related activities is provided by the CEO of the Region.
 - b. The Governance Board will contract with the Coordinator based on what they do for the region. The Region will reimburse the county what they are paying their coordinator, i.e., wages, paid time off, IPERS, insurance, etc. County has to provide office space, equipment, supplies.
 - c. Decision was made that at the next meeting it will be determined if the contracts will be approved as written or if changes need to be made. Board members can take them home and review them.
 - d. Members who want changes need to contact Shane and he will get it to the Board.
- 12. Motion by Jim Henrich, second by Mark Loutsch to approve January Regional expenditures as presented.

 Motion carried 6-0
- 13. Request for clarification from the Regional Board regarding payment of non-contracted providers for therapy services provided to indigent consumers. Consensus of the Regional Board, CEO and Service Coordinators is the regional concept should be followed. All therapy services should be provided through contracted providers (Plains Area Mental Health, Creative Living Center and Siouxland Mental Health).
- 14. Questions were asked regarding Medicaid and managed care.
 - a. Governor has decided that almost all Medicaid services will fall under managed care. Managed care will be provided by private organizations, large insurance companies (at least two, it could be four). It includes all services to the Medicaid population.

- b. It will affect us. Currently we provide case management in Woodbury County and the other two counties in our region are contracted by DHS to provide case management.
- c. The final plan will be in place January 1, 2016.
- 15. Meeting adjourned. Next meeting will be Tuesday, March 24th at 2:00 p.m. in Plymouth County. The meeting will be held in the annex building of the Plymouth County Courthouse located at 215 4th Avenue SE, Le Mars, IA.

Secretary
Julie Albright

Date