

## Sioux Rivers Regional MHDS

### Governance Board Minutes

July 23, 2019

The Sioux Rivers Regional MHDS Governance Board met on Tuesday, July 23, 2019 at the Sioux Center Council Chambers, 335 1<sup>st</sup> Avenue NW, Sioux Center, Iowa.

1. Chairman Mark Loutsch welcomed attendees and called the meeting to order at 1:00 p.m.  
Members present: Mark Loutsch, Carl Vande Weerd, Don Kass, Mark Sybesma, Mark Behrens, Shane Walter and Mavis Anema.  
Others present: Kim Keleher, Calvin Helmus, Nicolle Eaton, Kim Niemeier, Dr. Shawn Scholten, Lisa Rockhill, Jay Ricke, Jason Bergsma, Nate Huizenga, and Jamie Van Voorst.
2. APPROVAL OF MEETING AGENDA
  - a. Chairman Loutsch stated we should amend the agenda and discuss item number 11 first on the agenda. Motion by Kass, seconded by Sybesma to approve the meeting agenda with moving item 11 to be first item of discussion. Motion carried 3-0.
3. APPOINTMENT OF CHAIRMAN AND VICE CHAIRMAN TO THE SIOUX RIVERS REGIONAL GOVERNANCE BOARD
  - a. Chairman Loutsch stated we usually do appointments in January, however with the change of our Regional makeup, it was felt this should be discussed.
  - b. Sybesma stated he thought it was only fair to make it more of a balanced board since our CEO is from Sioux County, and the Chairman is from Plymouth County, then the Vice Chairman should be from Lyon County. Sybesma made a motion to appoint Mark Loutsch as the Chairman and Mark Behrens as the Vice Chair to the Sioux Rivers Regional Governance Board. Motion carried 3-0.
4. APPROVAL OF JUNE 25, 2019 GOVERNANCE BOARD MEETING MINUTES
  - a. Behrens stated his name was missing from being in attendance at that meeting on June 25, 2019. Minutes will be updated to include that change. Motion by Sybesma, seconded by Kass to approve the minutes with the change of adding Mark Behrens in attendance. Motion carried 3-0.
5. APPROVAL OF FISCAL AGENT REPORTS AND REGIONAL EXPENDITURES
  - a. Walter presented the June FY19 Fiscal Agent Reports.
    - i. Total Revenues for the month of June were \$3,677,763.00
    - ii. Total Expenditures for the month of June were \$4,743,637.00
    - iii. Ending Balance as of June 30, 2019 was \$2,630,270.13
  - b. Motion by Vande Weerd, seconded by Behrens to approve the Fiscal Agent Reports. Motion carried 3-0.

- c. There was some discussion on where we are currently at with the budget. Loutsch stated we were at 88.80% of our FY19 budget. Walter figures with the added accruals through the end of August we will be very close to our budget.
  - d. Walter stated we sent a check to Woodbury County of approximately \$511,000.00. Shane anticipates about \$600,000-\$611,000 in accruals for FY19.
  - e. Sybesma asked what the budget is for FY20, in which Walter stated approximately 2 million. We are able to hold back now 40%.
  - f. Sybesma asked what the fund balance will be for our year end, Walter stated due to accruals we don't have an exact figure at this point.
  - g. Walter also stated a letter will be going out to our providers, stating they have until August 15 to submit bills into the Region for payment for FY19, as bills will not be paid after the August 28 deadline for FY19.
  - h. Walter also mentioned we will need to raise our levy for the next fiscal year due to all the new mandates , the max we can levy is \$30.49.
  - i. Behrens stated that Lyon County will be bringing in \$265,000.
6. UPDATES: ADVISORY BOARD, IPS, ASC (CRISIS CENTER). ACCESS CENTER, ACT, IRSH
- a. Dr. Scholten gave a report on behalf of the Advisory Board. The Board had met on July 20 at 1:30 and there were several items of discussion including: Welcome to Lyon County, loss Of Compass Point has been challenging, Jackson Recovery appointed for Substance abuse, update on Children's Services, discussion on ARC program-which had 19 kids from Plymouth and Sioux Counties, discussion held on House File 2456 and there has been a teacher from Sioux Center that's been appointed to the Governors Children's Services Commission. The next meeting will be held on October 9, 2019 at 1:30.
  - b. Rockhill gave an update on IPS. There have been 3 regions that have met with the IPS program. They have received a report from the fidelity group and it state that approximately the review for 2 regions she thought was about 50%. The program has been in existence for about a year. CICS is struggling with a consistent program. The frustrating part was each Regional CEO was asked by the state to write letters for a SAMSA grant, unfortunately a good share of the grant will pay for a couple of state positions to take over the grant. Counties will get approximately \$17,000.00 to pay on those services. On August 8 there is a conference call. We may need to revisit this as we will not see much benefit from this service. Hope Haven may need to recoup some cost. There are 2 regions that are about 64%. There are 3 regions on board currently and one other that is just beginning the planning process. We committed to \$81,000 to the program FY19 and FY20. This program originally started in Minnesota. No state money as this is a private program. Ashley (the employment specialist covering Sioux Rivers Region from IPS has also resigned a couple months ago.
  - c. Eaton reported on the statistics on the usage for the last month at the ASC. There was some usage from consumers in Plymouth and Sioux Counties. Dr. Tilley from PAMHC in Le Mars and also the Sioux Center Hospital have made some referrals. Nicky, Shane and Mavis will be meeting on Monday to discuss some marketing tools in hopes of increasing numbers at the ASC. Mobile Crisis will be up and running in 4-6 months, hopefully closer to 4 months. Sybesma asked what "transitional" really means. Eaton explained, it's a short term stay for those that they are serving who are considered a higher level of need. For example a person that is homeless that is trying to get into their own apartment. The goal is for that consumer to be there less than a month. Loutsch stated in the report there was 1 person that had been refused. Eaton stated

that consumer needed to be hospitalized as safety was an issue due to suicidal ideation and high intox level. Eaton states the consumer needs to meet 4 types of criteria: age, alcohol limit, county origin and mental health crisis.

- d. Walter informed the Board on Access Centers. There have been several meetings that have taken place, and there is one coming up August 1 in Holstein. We will need to use a team approach perhaps with the Rolling Hills Region and also Northwest Iowa Care Connections region. Different regions have different visions on the way that looks such as a brick and mortar or virtual services. It's a possibility to use our crisis center as an access center. Ann from Jackson Recovery came from IL and their access center looks a lot like or assessment center. One of the key components we are missing is detox. We are required to provide subacute care and substance abuse which we could work with PAMHC and Jackson Recovery. Some regions are starting to build. Eaton stated she has spoken with Hillcrest which is located in Dubuque. We need to figure out the most efficient way to provide services and cooperation is a must per Sybesma. Behrens state everyone needs to be on board. Eaton states the programs will feed each other. Transportation is a major issue according to Kass. Eaton anticipates the numbers to be higher. Potentially make an agreement with Manona County to use the facility due to the ASC's location.
- e. Walter gave a brief overview on ACT. Seasons will potentially provide ACT in our area. That would consist of a team of 4-6 people. Concern on that was, Seasons doesn't have a very good track record to carry out programs. This program in-particular has a high turnover of staff and there is a shortage of staff. Keleher says it's a core service but it is hard to accomplish this in rural areas. People need to go to the commission and share their concerns and then that would potentially go back to the legislature.
- f. Walter spoke on IRSH, there is only 1 provider that has committed to 4 beds at this point.

#### 7. REGIONAL TRANSITIONING UPDATE

- a. The new regional makeup now consists of Plymouth, Sioux and Lyon Counties. Creative Living and ITP are going into the jails and providing services. PAMHC and ITP are also working together in Plymouth County. Behrens stated they needed better jail services. Rockhill commented that this is not a core service. PAMHC charges the Federal Prisoners and Plymouth County Prisoners separately. Sybesma stated this is something that should be looked into for Lyon and Sioux Counties then as well. Walter stated that our coordinators will be beginning jail diversion services to assist our counties inmates. Bergsma would like to discuss the option to offer counseling services to inmates when they are first directed into the jail. Sometimes the inmates have been incarcerated a number of days and then they chose at that point not to see anyone as they shut down and don't want to talk, whereas at first they are more willing to talk.

#### 8. DISCUSSION ON YES CENTER TRANSPORTATION

- a. Discussion was held and Kass stated this is the cheapest way to transport if the consumer is not violent or intoxicated and said they have had very few problems. We are always able to use the service but it is cheaper if we have a contract. Huizenga asked if it needs to state on the order from the Judge or Clerk of Court as to who will be transporting? It should state either by the Sheriff's Office or its designee. Huizenga was also going to talk to Sheriff Altena and ask his opinion. Huizenga shared a concern of

liability, Kass stated the YES Center has insurance as well. Sybesma made a motion to sign the agreement with the YES Center, seconded by Behrens. Motion carried, 3-0.

9. APPROVAL OF AMENDMENT TO THE ITP AGREEMENT FOR LYON COUNTY JAIL SERVICES

- a. Sybesma made a motion and Kass seconded to approve the ITP agreement to add Lyon County. Motion carried, 3-0.
- b. At this time, Vande Weerd asked about the Avera contract if it was signed. Anema stated it was received and in our office file. Vande Weerd thought that Hegg Memorial was included in on that agreement. Rockhill stated that the only way that Avera Behavioral Health would sign the contract was for Lyon County only, they were not interested in adding other counties at the moment and Lyon County was already being served prior to switching to the Sioux Rivers Region. Rockhill stated since Hegg Memorial is affiliated with Avera, that maybe something could be worked out.

10. UPDATE ON CHILDREN'S MENTAL HEALTH

- a. Walter gave the Board an update on the Children's Mental Health bill. We will need to revamp the board, which will require that the region draft a new 28E Agreement. Because the bill includes a directive to add voting members to represent the children's service system, Sybesma indicated concern about the need for accountability to the tax payers. Sybesma would like each county to have 2 votes, 1 vote for each member. The Board will make appointments at a later date. Behrens stated he concurred with Sybesma and would like to see each county representative be a voting member. Effective April 1, 2020 there will be several things that need to be provided to the state such as: 28E, new Management Plan and the Annual Service and Budget Plan-which would potentially change if we were to have some other counties join our region.

11. DISCUSSION ON MOBILE CRISIS RESPONSE AGREEMENT WITH SMHC AND SEASONS

- a. Walter updated the Rolling Hills Region has made an agreement with PAMHC and SMHC. There needs to be some revamping in the contract we sign for use of our building. Loutsch stated we will need to have a contract with SMHC in order for them to provide Mobile Crisis out of our building. The agreement SMHC has with Rolling Hills is approximately \$200,000.00. Eaton states we would need to share a percentage of the program cost. Walter will work on agreements with SMHC and Seasons.

12. GENERAL DISCUSSION

- a. Rockhill stated she is on the Iowa Community Services Board. They are discussing how to handle the Children's Services policy and it's financing. There is a formula being worked on that could be presented as an ISAC Legislative priority. There are a couple of regions that have indicated that the children's services bill represents an unfunded mandate from the state and would thus not have to be provided by the regions unless funding accompanied the development of the system. There has been one region that has already sent a letter to DHS in regards to the unfunded mandate.
- b. Meeting adjourned by Chairman Loutsch at 2:22 p.m.

Mavis Anema, Secretary

Approved by Board: August 27, 2019

*Mavis G. Anema*

Sioux Rivers Regional MHDS Governance Board

