

Sioux Rivers Regional MHDS

Governance Board Minutes

December 17, 2019

The Sioux Rivers Regional MHDS Governance Board met on Tuesday, November 26, 2019 at the Sioux Center Council Chambers, 335 1st Avenue NW, Sioux Center, Iowa.

1. Chairman Mark Loutsch welcomed attendees and called the meeting to order at 1:30 p.m.
Members present: Mark Loutsch, Don Kass, Mark Behrens, Jerry Birkey, Mark Sybesma, Carl Vande Weerd, Dayton Vogel, Shane Walter and Mavis Anema.
Others present: John Steensma, Dennis Vanden Hull, Kim Wermersen, Jason Bergsma, Jamie Van Voorst, Kim Keleher, Lisa Rockhill, Matt Buley, Jayme Skadeland, Sue Duhn, Beth Will, Ryan Dokter, Jay Ricke, Rebecca Mc Crackin, Emily Rohlk, Sarah Jackson, and Nicky Eaton.
2. CHAIRMAN LOUTSCH ASKED FOR A MOTION TO APPROVE THE AGENDA

Motion made by Kass and seconded by Behrens to approve the agenda. Motion carried 3-0.
3. APPROVAL OF MINUTES

Motion made by Behrens and seconded by Kass to approve the minutes from the November 26, 2019 meeting. Motion carried 3-0.
4. APPROVAL OF FISCAL AGENT REPORTS AND REGIONAL EXPENDITURES
 - a. Dokter presented the November FY20 Fiscal Agent Reports and stated we are sitting really good on expenditures as we are at 25.5% expended for FY20.
 - i. Total Revenues for the month of November were \$39,276.37
 - ii. Total Expenditures for the month of November were \$100,768.42
 - iii. Ending Balance as of November 30, 2019 was \$1,257,436.05
5. UPDATES:
 - a. The Advisory Board will meet on January 8, 2020 at 1:30.
 - b. Rohlk from Seasons stated that they continues to hire for our area and will be up and going January 1, 2020. Seasons is continuing to look for on call people.
 - c. Eaton reported from the ASC, that things remain status quo and the security system is up and going. She was appreciative and thankful both regions were able to receive a grant to help with the cost. Eaton stated she is working with Seasons and doing some marketing currently.
 - d. Access Center-Walter stated we are working and waiting on a commitment from a provider. Discussion was held on the location as SMHC wants Rolling Hills to build. Sioux Rivers has our building and it's in a good neighborhood but SMHC feels it would be

better downtown due to access. Clients that go through the Crisis Center is primarily who would be using the same facility. It was mentioned of swapping buildings but that is very preliminary and that would need to go before the Governance Board. Eaton did state that SMHC may add a substance abuse program however that is ways down the road yet. Concerns from SMHC include: parking, the no eject/no reject, response time from law enforcement, parking and programs need to be kept separate. Sybemsma stated we need to keep our options open. Walter stated the current facility is not being used to capacity. We need to continue working with Rolling Hills and also cost share of the program. The numbers show we are closer to a 90/10 split for usage.

- e. Buley representing IPS stated gave an update. Walter stated there is no funding by some regions and they have elected to pay based on a fee for service. Walter indicated that grant funding was not awarded and so the Region will have conversations with providers regarding future funding.
 - f. Walter stated he continues to visit with Seasons about providing ACT in all counties within our Region and we need to make sure it's being delivered in all counties. Mc Crackin stated ACT is consistently staffed and are looking at adding services out of Sheldon. Currently they are in Spencer and have 21 slots and 20 are filled currently.
 - g. Walter reported he continues to work with Jackson from The Pride Group to provide IRSH. Jackson stated she is working on a budget and has been communicating with WESCO on how they are setting up IRSH.
 - h. Walter stated that Jail Diversion is up and going. There is a meeting in Plymouth County the end of the week and has met with Lyon County last week. Anema shared a story involving the program in Sioux County. Anema thanked the Sioux County Sheriff's Office for being so flexible and willingness to work together. Bergsma thinks the program is going well and has offered to speak with our offices in regards to their experience.
 - i. Children's Mental Health update was given by Walter. Walter reminded the Board the plan is due by April 1. Chairman Loutsch will need to appoint some new people to a couple Boards in the near future. Walter stated we continue to work with the Rolling Hills Region and have been attending strategic planning meetings. Thursday there is another meeting in Holstein at 10 am.
 - j. ARC update was provided by Anema. Anema stated she had attended a meeting the week previously in which families were invited to hear their thoughts of the program. It was poorly attended unfortunately. Anema shared we had 22 families in our region that participated last year. As a Board, you need to decide what you are going to fund as this is not a mandated service. Anema believes it is a valuable camp, as there is an educational piece and also some fun opportunities. We would fall under ARC of Woodbury County, we would need to be responsible for fundraising. We also would need to get some staff and a place to hold it up in our region. We need to try to get a more centralized location for upcoming years so it isn't too far for our new counties that will be joining our Region to send children.
6. APPROVE 28E for DICKINSON COUNTY REQUEST FOR MEMBERSHIP INTO SIOUX RIVERS REGION
- a. Walter stated that all the counties paperwork has been approved and signed. It is now official the Dickinson County will be a part of Sioux Rivers Region effective July 1, 2020.

Motion made by Kass and seconded by Vande Weerd to approve membership. Motion carried 3-0.

7. FY21 BUDGET UPDATE- Walter stated we as a team, we continue to work on the budget. The counties need to be aware we plan to move our tax levy up to \$30.49.

8. APPROVE MOBILE CRISIS RESPONSE CONTRACT WITH SEASON'S CENTER

Sybesma made a motion to approve the Mobile Crisis Response Contract with Seasons, seconded by Behrens in the amount of \$75,896.23 for January 1, 2020 thru June 30, 2020 for all 3 counties in the Sioux Rivers Region. Motion carried 3-0.

9. APPROVE CHAIRMAN'S SIGNATURE ON LETTERS FOR WILLIAMS & CO AUDIT FOR FY 19

Rockhill questioned if this had gone out for a bid? Walter explained back in the day Williams & Co. was the only one that expressed interest. Kass stated once we find someone it's nice to continue with them. The State Auditor was brought up and the downside to that, typically it is a different person every year and they are behind about 18 months or so. Vanden Hull from NWICC thought their Region had paid around \$5,900 - \$6,500 a year. Kass made motion to continue with Williams & Co. seconded by Vande Weerd. Motion carried 3-0.

10. LEGISLATIVE UPDATE

Kass felt that there was a clear picture given that we need more money and the counties need more levy authority. Also, he shared there was an ACES study that was shared by ISAC and he stated it was an outstanding presentation and was an eye opener.

11. GENERAL DISCUSSION

Keleher state there are 2 to 3 subacute facilities that are closing due to Medicaid rates. She encourage the Board without continued support/funding all programs are going to collapse. There are so many new mandates. IRSH should be a U10 but may be funded at a U9 for 6 months rather. Kass questioned how the tiers work, Jackson explained that a bit. Keleher stated there needs to be accountability. She also stated there is going to be a new audit conducted on the MCO. Amerigroup is becoming worse as they are cutting services and Iowa Total Care, doesn't understand what is happening yet. Behrens shared there are too many core services, it's too bad we can't just do 1 or 2 things well rather than add so many and do them not well.

12. Adjourn- Chairman Loutsch adjourned the meeting at 2:45 p.m.

Mavis Anema, Secretary

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