

Sioux Rivers Regional MHDS Governance Board
Minutes
March 26, 2019

The Sioux Rivers Regional MHDS Governance Board met on Tuesday, March 26, 2019 at the Plymouth County Courthouse Annex Building, 215 4th Avenue SE, Le Mars, Iowa.

1. Chairman Mark Loutsch welcomed attendees and called the meeting to order at 1:00 p.m.

Members present: Mark Loutsch, Carl Vande Weerd, Mark Sybesma, Don Kass, Matthew Ung, Keith Radig, Dayton Vogel, Shane Walter, Julie Albright.

Others present: Aaron Haverdink, Sharon Nieman, Ryan Dokter, Theresa Jochum, Cindy Wilde, Mavis Anema, Kim Keleher, Scott Witte, Nicolle Eaton, Trey Weaver, Kasey Fear, Sarah Jackson, Kim Wilson, Mark Behrens, Jerry Birkey, Lisa Rockhill, Lori Bush, Lisa Bringle.

2. APPROVAL OF MEETING AGENDA

A. Motion by Keith Radig, second by Mark Sybesma to approve the meeting Agenda. Carried 3-0.

3. APPROVAL OF JANUARY 22, 2019 GOVERNANCE BOARD MEETING MINUTES

A. Motion by Mark Sybesma, second by Keith Radig to approve the minutes of the January 22, 2019 Board meeting. Carried 3-0.

4. APPROVAL OF FISCAL AGENT REPORTS AND REGIONAL EXPENDITURES

A. Ryan Dokter presented the January and February FY19 Fiscal Agent Reports.

I. Total Revenues for the month of January were \$23,187.47 and February was \$126,271.85.

II. Total Expenditures for the month of January were \$754,180.55 and February was \$150,807.22.

III. Ending Balance as of January 31, 2019 was \$2,402,309.83 and as of February 28, 2019 was \$2,377,774.46.

B. Motion by Keith Radig, second by Don Kass to approve the Fiscal Agent Reports as presented. Carried 3-0.

5. UPDATES: ADVISORY BOARD, WORK ALTERNATIVES, IPS, ASC, JAIL ALTERNATIVES, TELEHEALTH, HF2456 WORKGROUPS: ACCESS CENTER, ACT, IRSH.

A. Shawn Scholten reported that the Advisory Board will be meeting on April 10, 2019.

B. Scott Witte presented on Work Alternatives and the mid-year results.

I. Since they started tracking in 2015 they have helped 190 individuals find employment in the Region, 84 of those folks came out of sheltered employment.

II. Since the end of December, the average salary is \$8.65 per hour with in average work week of just under 18.5 hours.

C. Scott also spoke about IPS.

I. A grant project that the Region is funding is the evidence-based practice of Individual Placement and Support (IPS), which is a model that serves people with chronic mental illness.

II. They have a pilot through Sioux Rivers, a second pilot in the Northwest Iowa Care Connections. There is also a third pilot going on in Central Iowa Community Services.

III. In the Sioux Rivers Region, they currently have 16 active cases, 7 of those have worked their way through the funding process.

D. Nicolle Eaton spoke on the Assessment and Stabilization Center.

I. She reported that one of the biggest things they are excited about is the collaboration between Sioux Rivers and Rolling Hills going into the transition in July.

II. They are looking into how they can assist with some of the new programs that the State has mandated.

- III. She is currently looking into how they can look into different ways they can expand on marketing the crisis center. One of the things they are looking at is posting on bulletin boards in laundromats, car washes, and other places.
- IV. They have targeted in the next fiscal year more outreach as far as marketing in the community.
- V. They are working with a program at Mercy called “What’s up Nurse?” that brings in 50 to 75 individuals meeting on a quarterly basis to see presentations about various programs and services in the community. Nicolle will be doing a presentation on the Assessment and Stabilization Center at their April meeting.
- E. Aaron Haverdink reported on Telehealth.
 - I. Aaron will be meeting with Jay Ricke from ITP on Friday. They have had an uptick this past month as far as utilization.
- F. CEO Shane Walter reported on the HF2456 Workgroups.
 - I. Shane reported that there are several groups that are meeting to discuss the mandates that came out of HF2456 last year. A group of CEOs including Shane, Rolling Hills, Northwest Iowa Care Connections and a couple other regions are meeting regularly to discuss Access Centers and the IRSH homes.
 - II. There will be taskforce meetings the first Thursday of each month at Boulders in Holstein.
 - III. The mandate is currently to have something in place by 2021. Shane felt he didn’t know if that is going to happen because they have not received a guarantee of funding from the State.
- 6. LEGISLATIVE UPDATE
 - A. Shane reported on updates in the legislature.
- 7. UPDATE: PLAINS AREA MHC; LE MARS SCHOOL BASED THERAPY.
 - A. Kim Keleher reported that they have turned a corner. Dr. Webner contacted Kim a month ago and he has agreed that he will allow the Region to bill starting next school year.
 - B. Kim said that they have received requests from Kingsley-Pierson and Akron-Westfield schools and they want school-based therapy brought in to their schools as well.
- 8. UPDATE ON PROVIDER RATES AND CONTRACTING FOR FY20.
 - A. Shane reported that they will be bringing the provider contracts at the next Governance Board meeting in April.
- 9. APPROVE FY20 ANNUAL SERVICE AND BUDGET PLAN (ASBP) (LYON, PLYMOUTH AND SIOUX)
 - A. Shane reported that the Plan is due to the State by April 1, 2019.
 - B. Motion by Don Kass, second by Carl Vande Weerd to approve the FY20 Annual and Budget Plan. Carried 2-0 (Woodbury County abstained).
- 10. APPROVE PURCHASE OF REPLACEMENT VEHICLE.
 - A. Shane shared with the Board the need to replace their existing Regional vehicle due to excess mileage and multiple mechanical issues.
 - B. Shane shared that they do have the money budgeted for the new vehicle. He is looking at 2018 vehicles with a cost of about \$25,000.
 - C. Mark Sybesma moved that they approve the purchase of a new vehicle. Motion failed due to lack of a second.
 - D. Don Kass stated that if they go ahead and approve the purchase of a vehicle that will be staying in Sioux County, but they need to make sure that don’t encumber Woodbury County in the purchase. They must use only Sioux and Plymouth county regional funds.
 - E. Mark Sybesma made a motion to approve the purchase of a vehicle using only Sioux and Plymouth county funds, second by Matthew Ung. Carried 3-0.

11. APPROVE NWICC FY20 PROVIDER AND PROGRAM PARTICIPATION AGREEMENT (ASC).
 - A. Motion by Don Kass, second by Mark Sybesma to approve the NWICC FY20 Provider and Program Participation Agreement. Carried 3-0.
12. APPROVE LETTER TO WOODBURY COUNTY REGARDING TERMINATION OF STAFFING CONTRACTS EFFECTIVE 6/30/19; SERVICE COORDINATOR, FUNDING COORDINATOR, CLAIMS/ADMIN COORDINATOR, JAIL SERVICES COORDINATOR AND MENTAL HEALTH ADVOCATE AND ALSO THE SIOUX RIVERS AID (WOODBURY COUNTY SHREDDING)
 - A. Motion by Keith Radig, second by Mark Sybesma to approve the letter regarding staff terminations. Carried 3-0.
13. REVIEW OF FY18 WILLIAMS AND COMPANY AUDIT REPORT.
 - A. Motion by Keith Radig, second by Don Kass to receive for information in the FY18 Williams & Company audit. Carried 3-0.
14. REGIONAL TRANSITIONING UPDATE: AARON HAVERDINK LEAVING REGION EFFECTIVE 3/29/19. MAVIS ANEMA HIRED EFFECTIVE 3/18/19, THERESA JOCHUM HIRED AS SERVICE COORDINATOR IN WOODBURY COUNTY TO REPLACE PATTY ERICKSON-PUTTMANN EFFECTIVE 2/12/19.
 - A. Shane and the Regional Board thanked Aaron Haverdink for his years of service.
15. GENERAL DISCUSSION
 - A. Motion by Keith Radig, second by Mark Sybesma to adjourn the meeting.
 - B. Next meeting will be held on Tuesday, April 23, 2019 at 1:00 p.m.

Meeting adjourned at 2:10 p.m.



Julie Albright, Secretary
Sioux Rivers Regional MHDS Governance Board

Approved by Governance Board: 4.23.19