

## Sioux Rivers Regional MHDS

### Governance Board Minutes

October 22, 2019

The Sioux Rivers Regional MHDS Governance Board met on Tuesday, October 22, 2019 at the Sioux Center Council Chambers, 335 1<sup>st</sup> Avenue NW, Sioux Center, Iowa.

1. Chairman Mark Loutsch welcomed attendees and called the meeting to order at 1:00 p.m.  
Members present: Mark Loutsch, Mark Sybesma, Carl Vande Weerd, Don Kass, Mark Behrens, Jerry Birkey, Shane Walter and Mavis Anema.  
Others present: John Steensma, Dennis Vanden Hull, Lisa Rockhill, Sharon Nieman, Ryan Dokter, Nicolle Eaton, Shawn Scholten, Grace Collins, Jan Heikes, Kim Keleher, Matt Buley, Shari Kastein, Christina Eggink-Postma and Kim Niemeier.
2. CHAIRMAN LOUTSCH ASKED FOR A MOTION TO AMEND THE AGENDA  
Motion made by Kass and seconded by Behrens to approve the amended agenda to add agenda item 4A, Approval for Chairman Loutsch to Sign a Resolution from O'Brien County asking to join the Sioux Rivers Region and Accept O'Brien County Membership as of July 1, 2020. Motion carried 3-0.
3. APPROVAL OF MINUTES  
Motion made by Vande Weerd and seconded by Sybesma to approve the minutes from the September 24, 2019 meeting. Motion carried 3-0.
4. APPROVAL OF FISCAL AGENT REPORTS AND REGIONAL EXPENDITURES
  - a. Dokter presented the September FY20 Fiscal Agent Reports.
    - i. Total Revenues for the month of September were \$566,375.38
    - ii. Total Expenditures for the month of September were \$100,848.60
    - iii. Ending Balance as of September 30, 2019 was \$1,437,573.45
- 4A. Approval For Chairman Loutsch to Sign a Resolution from O'Brien County asking to join the Sioux Rivers Region and Accept O'Brien County Membership as of July 1, 2020. Motion made by Kass and seconded by Vande Weerd to have Chairman Loutsch sign resolution and welcome O'Brien County into the Sioux Rivers Region. Roll call: Loutsch-aye, Vande Weerd-aye, Kass-aye, Behrens-aye, Birkey-aye, Sybesma-aye. Motion carried 3-0.
5. UPDATES:
  - a. Shawn Scholten gave an update on behalf of the Advisory Board, she stated the Board met on Oct. 9. Melanie Cleveringa was a guest at the meeting, she is a member of the 2019 CMH Advisory State Board. Scholten encouraged members to talk to the

legislators. Vera Ludwig has resigned and Lisa Rockhill was appointed secretary. Next meeting is scheduled for January 8, 20.

- b. Christina Eggink-Postma reported on Mobile Crisis, they have positions posted and have hired a couple people and have more interviews lined up.
  - c. Matt Buley reported they have hired a new staff and gave an update for IPS.
  - d. Nicky Eaton gave an update on the Crisis Center. The numbers had increased the last month and the beginning of October has been busy. There was some concrete work completed and landscape done as well. Three of the staff there were assaulted recently. There was less than \$1,000.00 damage, which is what our deductible is from ICAP. They are working to improve security. Kass asked if they had a "safe room". They have recently completed some additional safety training.
  - e. Walter updated on the Access Center, still in the planning stage. He is hopeful we will get a proposal from SMHC to deliver service in the same location as the Crisis Center. SMHC wishes the location was downtown, however the Region has a building that is all ready paid for. Would need to contract out for substance abuse with Jackson. Sybesma asked if the facility was adequate there and is there room for expansion? There should be room for expansion. We continue to work with Rolling Hills Region and it appears NWICC plans to use a more virtual concept.
  - f. Walter also updated on ACT- there is an agreement with Seasons to provide this service.
  - g. IRSH-Walter stated he continue to work with Pride Group. They will set a side 1 bed however they will need to increase staff. Question there is who gets priority of that bed? We need a level of commitment from the MCOs. It is a requirement for regions to have access to IRSH bed.
  - h. Nieman gave an update on ARC. They are currently running out of space. It serves children from age 4-21. Primarily need more room for ages 14-21. We may need to start our own possibly, it cost Woodbury County approximately \$120,000 a year to run. We have no dedicated person yet to run the program in our Region. It will take a year of fundraising. Transportation bill came in higher than expected. This is not a core service. Currently families paid \$100, which should increase.
  - i. Walter stated he is working with Pride Group to provide Transition beds.
6. Review Children's Behavioral Health Services Implementation Plan  
We had a meeting this morning in which 25 people participated and we reviewed the implementation plan. Next meeting is set for Nov. 26, 2019.
7. Approval of Regional Jail Diversion Policies & Procedures  
Walter anticipates a Nov. 1, 2019 implementation day. Communication with the jail will be highly important and a key to success. The goal is to keep people out of jail and into the community with supports. Sybesma made a motion to approve the Jail Diversion Policies & Procedures, seconded by Behrens. Motion carried 3-0.
8. Approve Estimate for Security Cameras at the Crisis & Assessment Center  
Walter explained the estimate was \$6,462.40 for security cameras for the ASC. Sioux Rivers and Rolling Hills Regions are both willing to apply for a safety grant through ICAP

which would take off \$2,000 if granted. Vande Weerd made a motion to approve cost, seconded by Birkey. Motion carried 3-0.

9. Approve 28E with Changes Required by Children's Mental Health Services Legislation

Sybesma made motion to approve the 28E agreement including O'Brien County to be effective July 1, 2020, seconded by Kass. Motion carried 3-0.

10. Update of Meeting for Input Into the Children's Mental Health Plan- see above minutes.

11. General Discussion

- a. Shari Kastein from Family Crisis Center provided information on her organization. They deal with families that are in Crisis due often to homicides, human trafficking, mass casualties and provide help with victim assistance.
- b. Matt Buley then presented the Board with Hope Havens Annual Report for 2019.

12. Adjourn

Motion to adjourn meeting made by Sybesma, seconded by Kass. Motion carried 3-0.

Mavis Anema, Secretary



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