

Sioux Rivers Regional MHDS

Governance Board Minutes

August 27, 2019

The Sioux Rivers Regional MHDS Governance Board met on Tuesday, August 27, 2019 at the Sioux Center Council Chambers, 335 1st Avenue NW, Sioux Center, Iowa.

1. Chairman Mark Loutsch welcomed attendees and called the meeting to order at 1:00 p.m.
Members present: Mark Loutsch, Mark Sybesma, Carl Vande Weerd, Don Kass, Mark Behrens, Jerry Birkey, Dayton Vogel, Tammy Bruinsma, Shane Walter and Mavis Anema.
Others present: Lisa Rockhill, Matt Buley, Sharon Nieman, Ryan Dokter, Tricia Driesen, Mirium Buss, Nicolle Eaton, Jamie Van Voorst, Jason Bergsma, Nate Huizenga, and Dan Altena.
2. APPROVAL OF MEETING AGENDA
 - a. Motion made by Kass and seconded by Sybesma to approve the agenda. Motion carried 3-0.
3. APPROVAL OF MINUTES
 - a. Motion made by Sybesma and seconded by Vande Weerd to approve the minutes from the July 23, 2019 meeting. Motion carried 3-0.
4. APPROVAL OF FISCAL AGENT REPORTS AND REGIONAL EXPENDITURES
 - a. Dokter presented the July FY20 Fiscal Agent Reports.
 - i. Total Revenues for the month of July were \$17,727.84
 - ii. Total Expenditures for the month of July were \$110,387.56
 - iii. Ending Balance as of July 30, 2019 was \$1,526,097.74
 - iv. With Woodbury County \$2,630,270.13, minus the accruals \$451,313.40 total is \$2,178,926.73. We will make a payout to Woodbury County for \$97,552.98
 - v. Fund Balance will be \$849,781.42
5. INFORMATION FROM CENTER FOR FINANCIAL EDUCATION (CFE)
 - a. Tricia Driesen, Executive Director gave an update on the services they provide. They work with individual from O'Brien, Osceola, Sioux, Plymouth and Lyon counties. They work with people having financial difficulties and do Payee Services. It is typical that money, mental health and addictions go hand in hand.
6. UPDATES:
 - a. There was no Advisory Board meeting this past month.
 - b. IPS(Individual Placement Supports) -Lisa Rockhill stated the correct score that Hope Haven received in the recent fidelity review was 103, which is a pilot project, the score

of 110-115 is a good fidelity score, we congratulate Hope Haven with this and appreciate all the agency's efforts. The Sioux Rivers Region has benefitted from this program and we are so pleased to have Hope Haven as our partner in this effort. As far as SAMSA grant that has been applied for through the state, the correct funding budget is \$76,000 per project. They are not sure if grant dollars have been awarded yet, so if approved it will be over a 5 year period for \$304,000 a year for all of the 4 pilot regions, Sioux Rivers, Northwest Iowa Care Connections, and Central Iowa Community Services and Southeast Iowa Link. Matt Buley, CEO gave a update on the case load Hope Haven is currently serving in the region.

- c. Eaton gave an update on the ASC. She will provide an update including the numbers with Woodbury County's usage. Sioux Rivers has a usage of 3-4 people on average a month, those folks are primarily coming from referral from Sioux Center Hospital, they have had some inquiries from Floyd Valley. YES Center has been used for transportation. Kass commented to make sure the bill is going to the correct place. Eaton is hopeful starting Mobile Crisis will increase utilization. They are able to complete paperwork for presumptive Medicaid, 60-65% of the people are on Medicaid currently and 99% are homeless. Eaton reported she met with Sioux Rivers staff about marketing and printing materials.
- d. Access Centers- Working with Rolling Hills & NWICC in Holstein, we continue to move forward with planning. It's been talked about using our facility as an access center. We need to have a medical component & 23 hour observation. Sub-acute care is separate and possibly the Pride Group is showing some interest. Shane will meet with Sara Jackson to discuss the sub-acute option. They may be interested in obtaining a dual license for geriatrics.
- e. ACT-Talking with providers for ACT. How to pay for service as this is a mandate which will need to be implemented by July 1, 2021.
- f. IRSH Proposal- there's a proposal from Wesco, they would serve people with serious mental illness, in and out of the hospital and folks that are difficult to place.

7. TRANSITION UPDATE

- a. Bills were due August 15, so we are giving grace until August 30, 2019 per Walter. Everything is in place, we as staff are having meetings every other week and Walter and Loutsch are meeting once a month.

8. DISCUSS PROCESS OF ADDING BOARD MEMBERS FOR CHILDREN'S MENTAL HEALTH SERVICES

- a. For the Advisory Board we will need to add members to the Governance Board as required by House File 690. We need to include Education, someone who utilizes the service or parent, behavioral person, the current Regional 28E will have to be amended to allow for voting changes. Please give any recommendations for new Governance Board to Chairman Loutsch.

9. CHILDRENS MENTAL HEALTH UPDATE

- a. Hope to get a public meeting set up soon to discuss changes created by the new bill. There is no extra funding for this mandate. There is a 2nd task force meeting in October,

which should clarify some rules. John Wills and Zach Whiting are State Representative and Senator that were recently at Lyon County for a meeting and were just seeing how things are going. They indicated there are no expectations at this point for the children's mental health system, their comment was "not right now but we will work on it".

10. MOBILE CRISIS APPROVAL OF AGREEMENT

- a. SMHC proposed a cost of \$85,267.00 to cover just Plymouth County for Mobile Crisis. Walter needs to revisit this agreement with Nicolle and Sheila. Eaton stated this is primarily the cost for staff salary and benefits, this is approximately 1/3 of the cost. They are having success in other regions, however they can't predict the usage. Sioux County Sheriff's office has used Seasons for Mobile Crisis with success! Kass suggest we wait to approve the contract with SMHC. Eaton did comment how these are 2 different budgets, 1 for SMHC and 1 for Mobile Crisis. SMHC needs a decision by our next meeting as to how to proceed.

11. APPROVE AGREEMENT with NWICC for CRISIS CENTER

- a. Walter made the comment we should approve the agreement at \$400.00 but perhaps in the future we need to increase the amount. Sybesma made the motion to approve agreement, seconded by Kass. Motion carried 3-0.

12. UPDATE ON ARC

- a. There were 22 kids from our Region that attended the ARC program this year. Nieman & Anema attended a meeting with 4 parents and a sibling. They loved the ARC program, and had no problems. We could start a new program under ARC of Woodbury County under a 501c3 status with a new location, however we would need to potentially put a cap on our number of attendees.

13. GENERAL DISCUSSION

- a. Kass had some concerns with Mobile Crisis.
- b. Sybesma said the Sioux Center Police Chief would like us to obtain a contract with Avera like Lyon County has. Vande Weerd stated the hospital in Rock Valley would be interested as well. Avera said no at that time. Walter will check into this a bit more.
- c. Motion made by Behrens, seconded by Kass to adjourn meeting at 2:45 p.m. Motion carried 3-0.

Mavis Anema, Secretary

Approved by Board: September 24, 2019



Sioux Rivers Regional MHDS Governance Board

